

<<中国传统医药>>

图书基本信息

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内容概要

In ancient Chinese civilization, astronomy, mathematics, agriculture and medicine were the four advanced sciences. Among them, medicine is the only one that has never been replaced by Western science and still plays an important role in protecting the health of Chinese people. How traditional Chinese medicine, a classic system of medicine without any connection with modern science, can still exist in spite of the fact that modern medicine can basically meet the need of healthcare ?

Is traditional Chinese medicine a science or just a collection of experience ?

Does it still have the possibility and space to further develop itself along its own orbit ?

Is there any possibility that it may be replaced by modern medicine ?

These are the questions frequently being asked.

书籍目录

Foreword
Approach to Traditional Chinese Medicine
Recognition of TCM
The Thinking Style of TCM
The Formation and Variation of Tradition
Understanding TCM
The Classics of TCM
Huang Di Nei ring (Yellow Emperors Canon of Medicine)
Huang Di Ba Shi Yi Nan ring (Yellow Emperors Canon On Eighty-One Difficult Issues)
Shen Nong Ben Cao ring (Agriculture Gods Canon of Materia Medica)
Shang Han Za Bing Lun (Treatise on Cold Diseases and Miscellaneous Diseases)
Compilation of Book and Development into Canon
Basic Theory of TCM
The Theories of Yin-Yang and Wu Xing
Viscera and Their Manifestations
Channels and Collaterals
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Internal and External Therapies of TCM
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TCM and Life Cultivation
Life Cultivation in the Four Seasons
Integration of Food and Medicines
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To Establish a Standard System for TCM
Development and Innovation of TCM in Clinical Use
To Integrate TCM with Western Medicine and Encourage the Modernization of TCM
TCM Going to the World
Appendix: Chronological Table of the Chinese Dynasties

章节摘录

Since it was established at a time without the support of advanced science, how can TCM survive in today's society when modern health care is almost able to cover all the medical needs ?

Is TCM a science or cumulative experiences ?

Is it able to go further along its own path of development, or is it meant to be replaced by mainstream Western medicine? Questions like these concern many people. In most people's eyes, TCM is a medicinal system that dates back several thousand years, and its theories, experiences and techniques Western medicine is spreading across the country, its new system, which is greatly contradictory to that of TCM, takes turns to dominate the academy. It was known as a " revolution" in Chinese medical community. In fact, if we pay close attention, we will find a revolution in the history of TCM itself. After many big and small revolutions, today's Chinese medicine has become "contemporary TCM, " which greatly differs from TCM in ancient times. So sharing a same region does not exclude changes.

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