

<<中国民间风俗>>

图书基本信息

书名：<<中国民间风俗>>

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内容概要

The five books in this Chinese Lifestyle on the whole form a kind of knowledge pool for readers interested in the Chinese society, the people and their way of thinking and social behavior.

This book is one of the series 《Chinese folk customs》, the book is divided into six parts content.

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Etiquette Customs of the Nu People

Etiquette Customs of the Manchu People

Etiquette Customs of the Yi People

## 章节摘录

版权页：插图：good opportunity for moral education. Under the guide of their teachers or the secretary of their organization, the youth will go to sweep the martyrs' graves, recalling their great contributions as an inspiration. The Cold Food Festival ( Hanshi Festival ) is celebrated for three consecutive days starting on the day before Qingming. During this festival there is a tradition of forbidding fire therefore all food is to be consumed cold. According to the record of Jingchu Chronicle, "On the 105th day after the winter solstice, storms would often occur, hence the name of Hanshi and the three-day forbidding of building a fire." From this we can see this custom was already observed in ancient times. The origin of Hanshi comes from a popular legend that Jie Zitui would rather get burnt than take an official position. It is said that during the Spring and Autumn Period ( 770BC-476 BC ) Duke Xian of the state of Jin wanted to pass on his throne to Xi Qi, the son of his favorite concubine, so he killed the prince Shen Sheng. Shen Sheng's brother, Chong Er, was forced into exile, where he endured many hardships. Once, in order to help Chong Er out of the torment of hunger, his faithful follower Jie Zioai, cut off a piece of flesh from his thigh and offered it to him for sustenance.

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