

<<综合英语>>

图书基本信息

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章节摘录

Passage 1 Questions 1 to 5 are based on the following passage. Children are getting so fat they may be the first generation to die before their parents, an expert claimed yesterday. Today's youngsters are already falling prey to potential killers such as diabetes because of their weight. Fatty fast-food diets combined with sedentary lifestyles dominated by televisions and computers could mean kids will die tragically young, says Professor Andrew Prentice, from the London School of Hygiene and Tropical Medicine. At the same time, the shape of the human body is going through a huge evolutionary shift because adults are getting so fat. Here in Britain, latest research shows that the average waist size for a man is 36-38in and may be 42-44in by 2032. This compares with only 32.6in in 1972. Women's waists have grown from an average of 22in in 1920 to 24in in the Fifties and 30in now. One of the major reasons why children now are at greater risk is that we are getting fatter younger. In the U.K. alone, more than one million under-16s are classed as overweight or obese-double the number in the mid-Eighties. One in ten four-year-olds are also medically classified as obese. The obesity pandemic-an extensive epidemic-which started in the U.S. has now spread to Europe, Australia, Central America and the Middle East.

Many nations now record more than 20 per cent of their population as clinically in our shape has been caused by a glut of easily available high-energy foods combined with a dramatic drop in the energy we use as a result of technology developments. He is not alone in his concern. Only last week one medical journal revealed how obesity was fuelling a rise in cancer cases. Obesity also increases the risk factor for strokes and heart disease. An averagely obese person's lifespan is shortened by around nine years while a severely obese person by many more. Prof. Prentice said: "So will parents outlive their children, as claimed recently by an American obesity specialist?" The answer is yes-and no. Yes, when the offspring become grossly obese. This is now becoming an alarmingly common occurrence in the U.S. Such children and adolescents have a greatly reduced quality of life in terms of both their physical and psychosocial health. So say No to that, doughnut and burger.

1. What does the word "sedentary (Para.2)" mean?  
 【 】 A. eat too much B. passive thinking C. study very hard D. sit still 2. Which statement is TRUE?

【 】 A. The average waist size for a man is 36-38in. B. The average waist size for a woman is 30in.  
 C. In the mid-Eighties more than half million under-16s in the U.K. are classed as overweight. D. The obesity pandemic has now spread to South America. 3. According to Prof. Prentice, what are the reasons for the change in our shape?

【 】 A. High-energy foods are easy to get and technology develops fast. B. High-energy foods are easy to get and we consume less energy. C. High-energy foods are the main diet and we use technology. D. We eat too much and refuse to do physical exercises. 4. Obesity increases the risk factor of 【 】 A. cancer, strokes, fatty, heart disease B. diabetes, short sight, cancer, strokes C. strokes, heart disease, diabetes, headache D. diabetes, cancer, strokes, psychosocial illness 5. What does the author mean by "So say No to that doughnut and burger"?

【 】 A. We should lead a healthy life. B. We should begin dieting. C. Answering the question "will parents outlive their children?"

D. The doughnut and burger should be banned. Passage 2 Questions 6 to 10 are based on the following passage. ....

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